

**KEEP THIS FLYER AS YOUR REMINDER!**

THIS SUMMER... GET READY FOR THE  
2018 – 2019 SEASON...**BFND!**



**CY-FAIR HIGH SCHOOL S.A.C.**

**Strength, Agility and Conditioning Camp**

(Conducted by: Cy-Fair High School Coaches)

Note: Physicals for 2018-2019 school year will be held on Sat., May 19, 2018 (9am-12pm) @ Cy-Fair High School (physical cost: \$20 - cash only). Physicals are valid for 1 year only and must be on a current UIL Physical Form. These forms are updated each year on CFISD Athletic web page <http://www.cfisd.net/en/parents-students/athletics/athletics-forms/>.

If you will attend Cy-Fair High School next year and receive your physical at Cy-Fair, on May 19, it will be on file in the Cy-Fair Training Room.

All middle school athletes (regardless of where you take your physical) and high school athletes who receive physicals from private physicians must provide a front/back copy for SAC Camp. Middle school students-please give the original physical to your middle school coach, we need a copy only!

**Who may attend:** Any current Cy-Fair High School student, incoming Cy-Fair freshman, incoming 7<sup>th</sup> and 8<sup>th</sup> graders from Cy-Fair H.S. feeder schools (attendance zone) & may attend only one session per day.

**Dates:** June 11– July 26, 2018 (6 weeks) Monday – Thursday only  
(Note: No camp July 2-5 (for July 4 holiday) or July 23 & 24 (for THSCA Convention).)

- Session 1 (7:30am-9:30am) - incoming 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> graders (fills up quickly)
- Session 2 (10:00am – 12:00pm) - incoming 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> graders

**Location:** Cy-Fair High School Field House (on June 11 enter parking lot next to tennis courts to check in. Our asphalt lots will be under construction so you may enter behind Lamkin) Check-in will be slow on the first day as we have large numbers of physicals turned in/verified on this day.

**Cost:** \$110.00 per person (6-week camp, includes SAC shirt)  
Payment to: Cy-Fair High School by (cashier check, money order, personal check or cash - No online payments) by May 22.

**After May 22 - registration will be accepted IF SPACE IS AVAILABLE**

- Include completed 2018 Cy-Fair H.S. SAC Registration Form (page 1 of 2)
- Include completed Cypress-Fairbanks I.S.D. Athletic Participation Consent Form (page 2)
- Include payment to Cy-Fair High School (Verify space available after May 22)
- Include copy of page 1 & 2 of your current physical if possible (no participation without valid Physical on file by June 11)

**Mail to:** Cy-Fair High School SAC  
Attn: Dianne Moore  
22602 Hempstead Hwy.  
Cypress, Texas 77429-5000

**Questions: call Coach Pustejovsky 281-897-4670**

<https://cyfair.cfisd.net/en/parents-students/athletics/athletic-pages/> (Cy-Fair HS Athletic Web Pages)

**KEEP THIS INFORMATION PAGE AS A REMINDER!**

**2018 CY-FAIR HIGH SCHOOL S.A.C.  
Strength, Agility, Conditioning Camp Registration Form**

**Who may attend:** Current Cy-Fair High School students, incoming Cy-Fair 9th, & incoming 7<sup>th</sup>, 8<sup>th</sup> graders attending Cy-Fair H.S. feeder schools (attendance zone), may attend only one session per day.

**Dates:** June 11 – July 26, 2018 (6 weeks) Monday – Thursday only  
**(Note: No camp July 2-5 (for July 4 holiday) or July 23 & 24 (due to THSCA Coaches Convention))**

- Session 1 (7:30am-9:30am) - incoming 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> graders only (this session fills up quickly)
- Session 2 (10:00am – 12:00pm) - incoming 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> graders only

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**Cost:** \$110.00 per person (6-week camp, includes SAC shirt) Payment to Cy-Fair High School by cashier check, money order, personal check or cash **(No online payments)**  
**After May 22 registration accepted for space available only!**

- Include completed 2018 Cy-Fair H. S. S.A.C Registration Form (this page- page 1 of 2)
- Include completed Cypress-Fairbanks I.S.D. Athletic Participation Consent Form (page 2)
- Include payment to Cy-Fair High School (see payment notes & deadlines above)
- Include copy of current physical (no participation without valid Physical - by June 11)

**Note: Physicals for 2018-2019 school year will be held on Sat., May 19, 2018 @ Cy-Fair High School (cost \$20-cash). Physicals are valid for 1 year only and must be on a current UIL Physical Form. These forms are updated each year on CFISD Athletic web page <http://www.cfisd.net/en/parents-students/athletics/athletics-forms/>. If you will attend Cy-Fair High School next year and receive your physical at Cy-Fair on May 19, it will be filed in the Cy-Fair H.S. Training Room. All middle school athletes (regardless of where you take your physical) and high school athletes who receive physicals from private physicians must provide a front/back copy for SAC Camp.**

**Middle school athletes: give your original physical to your middle school coach, we need a copy!**



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Attn: Dianne Moore  
22602 Hempstead Hwy.  
Cypress, Texas 77429

**Questions: Call Coach Pustejovsky 281-897-4670**

**(PLEASE PRINT CLEARLY!) Do not detach!**

**Student Name:** \_\_\_\_\_ **Grade (Next Year-for 2018-2019)** \_\_\_\_\_

**I will attend the following school in August:**  Cy-Fair H.S.  Arnold M.S.  Hamilton M. S.

**Address:** \_\_\_\_\_ **City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Parent Emergency Contact Number:** \_\_\_\_\_

**Insurance Provider:** \_\_\_\_\_ **Policy Primary:** \_\_\_\_\_

**Policy/Group Number** \_\_\_\_\_ **Phone:** \_\_\_\_\_

I hereby grant my son/daughter \_\_\_\_\_, my permission to attend and participate in any and all activities which are a part of the S.A.C. Strength, Agility, and Conditioning Camp at Cy-Fair High School. I hereby release the Cypress-Fairbanks Independent School District and all supervisors, employees, and/or representatives from any and all liability and/or claims and/or cause of action, individually or collectively, for damages or injuries which might be received during this activity, or in traveling to and from such activity. **PLEASE INCLUDE ATTACHED CFISD ATHLETIC PARTICIPATION CONSENT FORM!**

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
UIL Physical Performed on Above Date - (to be completed by Cy-Fair H.S.)

**CYPRESS-FAIRBANKS INDEPENDENT SCHOOL DISTRICT  
PARENT OR GUARDIAN  
ATHLETIC PARTICIPATION CONSENT FORM**

STUDENT'S NAME: \_\_\_\_\_ CAMPUS: **CY-FAIR HIGH SCHOOL**

I hereby give my consent for the above named student to participate in school athletics including various athletic practices, competitions and camps. I understand it is my responsibility to provide health insurances coverage for this student. I further understand CFISD is not liable for any injuries resulting from participation in school athletics. If in the judgment of any representative of the school, this student needs immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize and consent to such care and treatment as may be given to said student by any physician, trainer, nurse, hospital or school representative.

DATE: \_\_\_\_\_

NAME OF PARENT OR GUARDIAN: \_\_\_\_\_

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY, STATE AND ZIP: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

PERSON TO NOTIFY IN CASE OF EMERGENCY: \_\_\_\_\_

RELATIONSHIP TO ATHLETE: \_\_\_\_\_

EMERGENCY PHONE NUMBER: \_\_\_\_\_